

# INSIDE Inclusion

## SPRING 2 NEWSLETTER

### ATTENDANCE

Attendance matters! Regular school attendance helps children build strong learning habits and stay connected with their friends. Thank you for helping your child arrive on time each day - every day in school makes a difference.

**ATTENDANCE IS SO IMPORTANT TO GIVE YOUR CHILD THE BEST CHANCE**



**UNDERSTANDING ATTENDANCE %**  
HOW MANY DAYS AND SESSIONS ARE LOST PER YEAR?

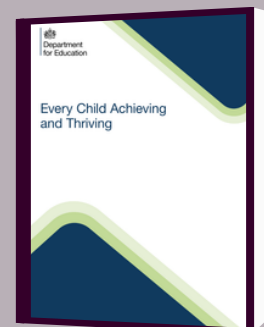


BEING JUST 5 MINUTES LATE PER DAY ADDS UP TO 3 DAYS A YEAR!



### SEND WHITE PAPER

#### WHAT IS THE SEND WHITE PAPER?



The SEND White Paper outlines the government's plans to improve support for children and young people with special educational needs and disabilities. It explains proposed changes to services, how support will be made more consistent across the country, and what families can expect moving forward.

#### INFORMATION SESSIONS

Trust colleagues Leah Spiers (Head of Inclusion) and Ruth Ash (SEND Lead) are hosting some friendly online information sessions designed to help you understand the SEND White Paper in a little more detail.

These 30 minute sessions are a great opportunity to hear a clear summary of the key points, learn how the proposals could affect support for children and families, and think about any questions you may have. We'd really encourage you to come along and feel fully informed about the changes being discussed.



### MILITARY CHILD MONTH

April is **Month of the Military Child**, a time to recognise and celebrate the strength and unique experiences of children from military families.

Trust schools remain committed to supporting military-connected pupils by ensuring the pupils feel firmly rooted in the school, with a sense of belonging that recognises their resilience and celebrates the important role they play in the school community.

#### USEFUL RESOURCES FOR MILITARY FAMILIES

- **Little Troopers** - support, activities, and resources for military children
- **Royal British Legion** - financial, emotional and community support
- **SSAFA The Armed Forces Charity** - welfare and practical support for serving families
- **HIVE Information Centres** - guidance on postings, housing, education and local services
- **Armed Forces Covenant** - information on rights and support for service families



SCAN THE QR CODE OR CLICK THE LINK BELOW TO JOIN ONE OF THE SESSIONS



**FRIDAY 17<sup>TH</sup> APRIL AT 11AM**  
[LINK HERE >](#)

**MONDAY 27<sup>TH</sup> APRIL AT 6PM**  
[LINK HERE >](#)



#### SCHOOLS' SCOOP

Thameside Primary School in Abingdon have been awarded a Bronze Accreditation by the MyHappyMind schools programme, recognising its strong



commitment to promoting wellbeing across the school community. The accreditation reflects Thameside's dedication to its motto, 'Every Child, Every Chance, Every Day', ensuring that every pupil is supported to thrive both academically and emotionally.

## YOUNG CARERS ACTION DAY

On Wednesday 11th March, schools across Cambrian Learning Trust proudly marked Young Carers Action Day. This important day helps raise awareness of the vital role that many young people play in supporting family members at home.

Our Young Carers Leads delivered assemblies to pupils across the school, helping children understand what it means to be a young carer and how we can show kindness, empathy, and support to one another. Throughout the day, pupils also took part in arts and crafts activities celebrating caring, friendship, and community.



### WHAT IS A YOUNG CARER?

A young carer is someone under 18 who helps care for a family member who may have a physical or mental illness, a disability, a problem with alcohol or drugs, or other health-related needs. Young carers might help with tasks such as cooking, cleaning, shopping, giving medication, or providing emotional support.



### CHALLENGES YOUNG CARERS MAY FACE




Being a young carer is a big responsibility. It can sometimes feel tiring or stressful, and it may make it harder to focus at school or find time for friends, hobbies, or homework.



**BUT YOUNG CARERS ARE NOT ALONE - HELP IS AVAILABLE!**

### HOW WE CAN SUPPORT YOUNG CARERS

At school, we can offer:

-  A trusted adult to talk to
-  A quiet place to take a break when things feel overwhelming
-  Help getting in touch with support services
-  Extra time for homework or classwork if needed

Everything shared with us is treated with care.



We would like to say a heartfelt thank you to the young carers in our school community. Your strength, compassion, and resilience are truly inspiring, and we are very proud of the care and support you show to others every day.

### USEFUL LINKS AND SUPPORT

- [Be Free Young Carers](#)
- [Young Minds](#)
- [Childline](#) - 0800 1111
- [The Children's Society - Young Carers](#)

If you feel your child may be a young carer, or you would like to find out more about the support available, please do not hesitate to contact your child's school.