

John Blandy Primary School



**PE Policy
September 2025**

Belong. Believe. Brilliant

Curriculum Intent

We aim to provide an ambitious curriculum of high-quality physical education which inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. Through our vision statement of '**Belong. Believe. Brilliant**' we want to support our children in developing the values and skills to celebrate the success of others (**Belong**), as well as showing respect and humility whilst celebrating their own successes (**Brilliant**). We aim to foster confident, resilient children who will strive for their personal best (**Believe**).

From Reception to Year 6, we ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, in school and in the wider community. We aim to ensure that our delivery of physical education allows all children to have a broad range of skills and a passion for being active, healthy and confident before leaving primary school and hope to prepare them for the sporting challenges and active lifestyles they will encounter at secondary school and beyond. We are dedicated to ensuring healthy minds, as well as bodies.

The objectives of teaching PE in our school are to enable children to:

1. To develop competence to excel in a broad range of physical activities
 - 1.1 Pupils will become increasingly co-ordinated and skilled through refining and controlling their actions, whilst also selecting and applying skills and tactics.
 - 1.2 Pupils will improve their observational skills by describing and making judgements on their own and others work. They will then use these observations to improve their own performance.
 - 1.3 Pupils will be exposed to a broad range of sports on offer both within lessons and within activities on offer through ASC and festivals and competitions within our Trust.
2. To become physically active for sustained periods of time
 - 2.1 Pupils will develop an understanding of the effects of the exercise on the body, and an appreciation of the value of safe exercising.
3. To engage in competitive sports and activities
 - 3.1 Pupils develop the ability to work independently, and communicate with and respond positively towards others within a team
 - 3.2 Pupils will develop and embed an enjoyment of healthy competition amongst themselves and other teams.
4. To lead healthy, active lives.
 - 4.1 Pupils will look to practice sports outside of school that have been on offer to our pupils.
5. To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being

Curriculum Implementation

Our PE curriculum covers the skills and knowledge outlined in the National Curriculum and ensures progression is well planned for enabling all children to be increasingly challenged as they move through the school. Through our teaching of PE, we aim to deliver the lessons in a meaningful context, giving purpose and wherever possible curricular links are utilised, particularly links with Maths, Science, British Values and SMSC. All children take part in a minimum of two hours of high-quality PE and sporting

activities each week provided by their class teachers. We use Get Set 4 PE as our resource to support the teaching of Physical Education, as well as a variety of sports taught by coaches from the wider community who come in to deliver specialist sessions throughout the year.

We provide a well-balanced programme of sporting activities for the children, these include; swimming, athletics, competitive games, and outdoor and adventurous activities, as well as opportunities for expressive and creative movement through dance and gymnastics. We aim to promote an understanding of inter-personal relationships through co-operation and competition. Children take part in sporting activities within the school, and with other schools, including local competitions and festivals against other schools. Physical Education is enriched through a wide range of well-attended after-school clubs and activities including football, multi-skills, and tennis. Such opportunities enable pupils to develop personal and social skills as well as preparing them for leisure activities in adult life (cultural capital).

All pupils in Years 5 and Year 6 take part in a week's residential visit to two activity centres. A range of outdoor and adventurous activities are offered including abseiling, climbing, kayaking, orienteering, problem solving, den building, team building and caving. We value these opportunities for our pupils to participate in physically challenging land and water-based activities, believing they can make an important contribution to children's personal and social development.

Sports Leaders

Each year, 2 sports leaders are chosen from each class and they will be ambassadors for the promotion of a healthy, active lifestyle and positive wellbeing within the school. The children are in charge of the sports equipment at playtimes and lunchtimes, encouraging children to remain active, as well as helping with equipment and warm-ups during PE lessons.

The Early Years Foundation Stage

We teach Physical Education in our reception classes as an integral part of the topic work covered during the year, supported by the resource Get Set 4 PE. Opportunities are provided through daily continuous provision and adult-led activities, both indoors and outdoors, to develop confidence and skills in controlling and using basic tools, objects, materials and equipment. Physical development, provides opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children are encouraged and guided to become independent in managing personal care, make healthy choices and use resources safely. Through expressive arts and design, children explore and play with a wide range of media and materials, as well as providing opportunities and encouragement for sharing their thoughts, ideas and feelings through a variety of activities including movement, dance and role-play.

Forest School

At John Blandy, Forest School is a long-term approach to education, which maximises the benefits of learning in the outdoors. It puts the learner at the heart of their learning experience and provides excellent opportunities for outdoor and adventurous activities. Children are encouraged to engage with the rich natural diversity of the woodland environment to help build confidence, sensitivity, resilience and curiosity. With the help of some of our parents and our qualified Forest School Leaders, a Forest School Area has been created on our school grounds.

Typical activities include: sensory walks, foraging, shelter building, mini beast hunts, tree climbing, campfire cooking, woodwork, nature art, games like Hide and Seek, fire building and lighting, puddle and mud jumping.

Assessment for learning

Children demonstrate their ability in PE in a variety of different ways and through a variety of sports. Teachers will assess children's knowledge and skill development by making informal judgements as they observe them during lessons. Throughout the lesson, the teacher assesses students and gives oral feedback as necessary to inform future progress. Older pupils are encouraged to make judgements about how they can improve their own performance.

At the end of a unit, the teacher makes a summary judgement relating to the skills covered for each pupil in relation to the National Curriculum. Any children not meeting the key objectives for that unit are identified and tracked on our assessment document. EYFS assessments are formed using the physical early learning goals.

At the end of a unit, the teacher makes a summary judgement relating to the skills covered for each pupil in relation to the National Curriculum. Any children not meeting the key objectives for that unit are identified and tracked on our assessment document. In addition, we track pupil attendance at any extra-curricular and enrichment activities and opportunities for pupils to compete for our school, ensuring opportunity for all. For swimming, our children are assessed by qualified swimming instructors against the National Curriculum objectives and these are used to evidence National Curriculum swimming attainment.

Monitoring

At regular times across the year, the PE Lead will monitor pupils' progress by observing lessons, talking to teachers and children across the school, monitoring evidence (photos and videos) and assessing data on Get Set 4 PE. Findings will be discussed with the SLT and evaluations including required actions will be reported to all teaching staff at the end of each term. The PE Lead is responsible for supporting colleagues in their teaching of PE and for keeping informed about current developments in the subject. Teachers will monitor their own lessons and plan accordingly.

Resources

There is a wide range of resources to support the teaching of PE across the school. We keep most of our small equipment in the PE sheds, and this is accessible to children only under adult supervision. Keys for the sheds can be obtained from the school office. The hall contains a range of large apparatus, and we expect the children to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. The children use the school playground and the playing field for games and athletics activities. We also use St Hugh's pool for swimming lessons. We use the sports hall, courts and playing fields at Faringdon Community College for sporting fixtures, competitions and festivals.

Health and safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The governing body expects the teachers to set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity. Earrings may be worn if pierced within the last 6 weeks, however, they must be covered. After this time, they must be removed (in line with OCC regulations). The teaching of PE is subject to an annual and ongoing risk assessment. Where children are to participate in activities outside our school, for example, a sports event at another school, we carry out a risk assessment prior to the activity, to ensure that the activity is safe and appropriate for all pupils (See Risk Assessment file).

Primary School PE and Sports Funding

Over many years, we have worked hard to raise the profile of PE & Sport in our curriculum, both during and beyond the school day. Our work in this area has benefitted from government funding provided to primary schools, in addition to main school funding. Initially the funding was only to be provided for 2013-14 and 2014-15, but since has been extended until 2023. In September 2017, the Primary PE & Sport Premium funding was doubled from £160 million per year to £320 million per year to help schools support healthier, more active lifestyles. This funding has enabled us to make further self-sustaining improvements to the quality and breadth of PE and Sport we offer. We use this funding to develop interest, confidence and engagement in sport and wellbeing for all of our pupils through extending the breadth and range of the experiences that we offer at school.

There are 5 key indicators that we are aiming to improve in are:

1. The engagement of all pupils in regular physical activity and achieving the 30 active minutes a day
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

The funding will also be used to enable pupils take part in sports across the local partnership and buy into specialist teachers within our Trust.

See Sports' Premium Funding Action Plan and Reviews on the website for more detailed information.

[John Blandy Primary School - Sports Premium](#)



