

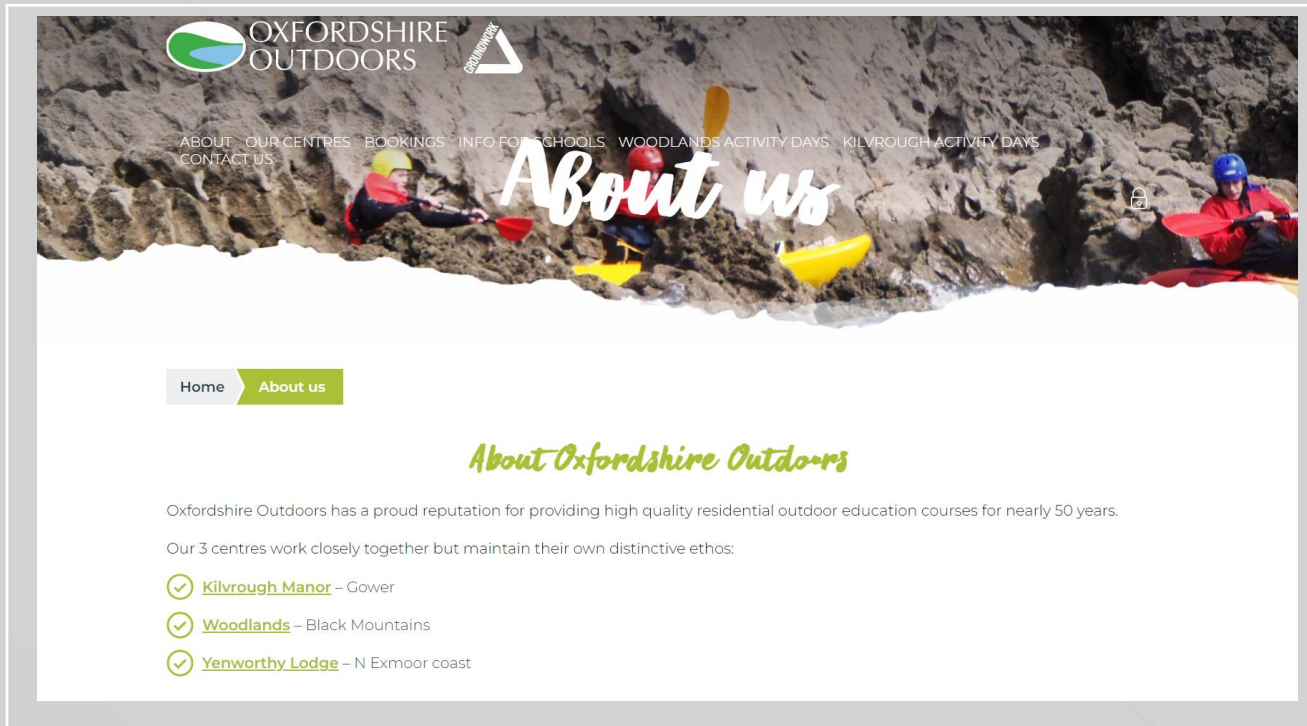


Kilvrough Manor Swansea

OCC



Oxfordshire Outdoors



Kilvrough Manor Outdoor Education Centre

Tuesday 8th June- Friday 11th June
2027



Tuesday 8th June to Friday 11th June

- The coach will pick up from John Blandy at approximately 8.15am. We return about 6pm on the Friday (exact timings TBC).
- Stop off at Service Station - children will need to bring a **small** snack and a drink. Kilvrough provide this on the return journey.
- Packed lunch is needed for when we arrive at the centre.

Where are we?



Kilvrough Manor is located on the Gower Peninsula South West of Swansea in South Wales. The Gower is an Area of Outstanding Natural Beauty

Quality Accommodation



Rooms

- ◉ Girls and Boys on separate corridors with own bathrooms.
- ◉ At least one teacher on each corridor.
- ◉ Children to choose 1 or 2 people to share with and rooms will be organised accordingly
- ◉ Rooms of different sizes – up to 8 beds

Children will need to bring a **single duvet cover, pillow cover and single mattress cover.**

Common room / Lounge



Bathrooms



Kilvrough Manor Outdoor Education Centre

Dining Areas and Catering



Who will be going...

- ◉ Some of the class teachers. Other John Blandy staff still to be confirmed.
- ◉ OCC instructors will be running the activities during the day. One instructor will run evening activities along with school staff and be on site until 9pm.
- ◉ We maybe sharing the centre with another school this will be confirmed nearer to the time.

Day Activities (Examples)



- ◉ First day - Problem solving and team building games, issuing out kit and getting settled in.
- ◉ Rock climbing and abseiling
- ◉ Caving
- ◉ Canoeing / Kayaking
- ◉ Mountain and coastal walk / exploration
- ◉ Surfing and Body boarding (weather and time of year dependent)

Evenings

- ◉ Evening meals – special dietary requirements. Please let us know as soon as possible.
- ◉ Games/activities (e.g. night hike, orienteering around the grounds)
- ◉ Last evening – packing, games.
- ◉ In rooms by 9/9.30pm, lights out and asleep by 9.30/10pm (depends on time of evening activity)

Safety and Encouragement



Stepping Out of Your Comfort Zone



Building Skills and Confidence



Positive Learning Environment





Discover
your
potential



Trust
and
Responsibility.
Learning to
manage risks
safely

Effort and Achievement



Kilvrough Manor Outdoor Education Centre

Enjoying Challenges Together



Kilvrough Manor Outdoor Education Centre

Enjoyment and Success



A Range of Activities

Day	Eve Duty	L/W Tidal Range	School Staff:					Evening Programme	Off Programme
			Group A	Group B	Group C	Group D			
Tue Arrive 12pm	Tutor	13:55 9.6m	Centre Day	Centre Day	Centre Day	Centre Day		Evening Walk	
Wed	Tutor	14:37 9.5m	Caving	Caving	Climbing	Climbing		Den Building	
Thur	Visiting Staff	15:18 9.0m	Climbing	Climbing	Caving	Caving		Pack & Tidy Gift Shop Evaluations	
Fri		15:58 8.1m	Coastal Exploration (Rock Pooling & Sand <u>Sculpturing</u>) or body boarding					Depart 3pm	

Daily Routine

Time	Activity
07:30	Wake Up
07:45	Duty team to the Dining Room
07:55	Everyone meet in the Lounge
08:00 – 08:40	Breakfast
08:40 – 09:00	Duty Team Clear the Dining Room
	Tidy Bedrooms for inspection
09:00 – 09:10	Bedroom inspection by Visiting Staff
	Kilvrough Staff Meeting
09:10 – 09:30	Whole Staff Meeting (Visiting Staff and Kilvrough Staff)
	Students organise shower kit
	Students organise activity clothing
09:30 – 09:40	Lounge Briefing for everyone
09:40 – 10:00	Activity Group Meetings
10:00 – 10:30	Organise activity equipment
	Depart for activity
10:30 – 16:15	Activity Day
16:15 – 16:30	Clear away activity equipment
	Hang wet clothes in Drying Room
	Clean out the buses
16:30 – 17:30	Shower time
	Free Time
17:30 – 17:40	Duty team set up for Dinner
17:40 – 17:45	Everyone to meet in the Lounge
17:45 – 18:45	Dinner Time
18:45 – 19:00	Duty Team clear tables
	Everyone else get ready for activity
19:00 – 20:45	Evening activity programme
20:45 – 21:00	Evening activity programme ends
	Lock up of the Centre
	KM Staff depart & hand over to Visiting Staff
21:00 -?	Bedtime

Jobs

- ◉ Making beds
- ◉ Keeping rooms tidy
- ◉ Tidying up kits after our activities
- ◉ Making lunches
- ◉ Preparing for breakfast / dinner
- ◉ Clearing up after dinner/breakfast



What you will need...

- ◉ Kit list – layers are a must (even in summer!)
- ◉ Sun lotion (hopefully!) and swimming kit
- ◉ Lunch box and water bottle.
- ◉ Playing cards/magazines/books can be taken – responsibility of children
- ◉ A **small** bag of sweets
- ◉ No mobile phones
- ◉ **No aerosols** please!
- ◉ No electronic devices

Kit List

CLOTHES FOR ACTIVITIES			√
5 pairs thick socks and 5 pairs thin socks (not trainer socks)			
Several changes of underwear			
T shirts			
3 – 4 warm T-shirts / thermal tops			
3 – 4 pairs long sleeved fleece tops / Jumpers			
3 – 4 pairs trousers (jeans are not suitable for activities) tracksuit bottoms or leggings are ideal			
2 pairs of Fleece / woollen gloves or mitts, warm hat, balaclava, scarf			
Swimming costume			
Coat / Jacket			
2 pairs trainers – 1 for normal use + 1 old pair for wet activities			
OTHER ESSENTIALS	√	OTHER ESSENTIALS	√
2 x good sized towels		Wellington or waterproof boots	
Personal medication		Torch and spare batteries	
Plasters for blisters		Writing materials	
Toiletries etc. **		Lypsyl or lip salve (all year round)	
Sun block – Factor 30+ & sun hat		2 x bin liners	
Pyjamas or night clothes		1 Litre drinks bottle & Lunch Box	
Casual clothes for evenings		Slippers/ indoor shoes	
NOTES			
Please note the following: - • Waterproof jackets and over trousers, wellington boots and day rucksacks are available to borrow from the Centre at no charge • **Aerosol deodorants are not allowed at the Centre, Please bring a suitable alternative if required • Chewing gum is not allowed at the Centre, <u>please do not bring it</u>. • Students are asked to make sure their clothes and other items are clearly marked with their name; this is especially important for medication such as inhalers. • The Centre cannot accept responsibility for any valuables, we do not have a safe for student valuables and Centre staff are not allowed to look after them. • Your stay at one of the Centres is an opportunity to experience time away from mobile and electronic devices – please do not bring mobile phones.			
The courses at the Centre involves a lot of time outdoors, whatever the weather, and there is the likelihood of clothes getting wet and muddy. Weather conditions can be unpredictable during both summer and winter, so it is best to come prepared for the worst and then enjoy whatever happens knowing you have more than you need! So, hard wearing, warm clothes that you are happy to get wet and dirty are best. The following should be regarded as a <u>minimum</u> for all 5 day courses.			











Worm's Head





Octopus



...and seals!



Merchandise

- ◉ Hoodies and/or T-shirts – will need to be pre-ordered. Details to follow later in the year.
- ◉ Shop items – there will be a small selection of items to pre-order from the Kilvrough shop and these will be handed out on the last morning.



Evening walk to
Pennard Castle

Orienteering in the dark!



FRIDAY

BREAKFAST

Cereals, Toast, Butter & Jam
Tea/Coffee

LUNCH

"Torpedo" Sub-selected filling
Cake
Savoury
Cereal/Choc bar
Fresh Fruit
(optional)

VEGETARIAN OPTION

EVENING MEAL

Jacket Potato & Filling

DESSERT

Ice Cream

- ◉ Medicines – handed in to designated adult on arrival at school.

- Total cost is £341 which includes coach, activities, accommodation and food as well as hiring of all the equipment there.

Payment Plan		
Non-refundable deposit	£90.00	26/11/2026
Instalments 1:	£51.00	31/01/2027
Instalments 2:	£50.00	28/02/2027
Instalments 3:	£50.00	31/03/2027
Instalments 4:	£50.00	30/04/2027
Instalments 5:	£50.00	31/05/2027

The trip must be fully paid prior to your child attending in June.

Any questions or concerns- please catch us on the playground at the end of the day or email via the school office.

- Please could you complete and return the **Parental Consent form** as soon as possible.

Any questions?